What is it like to have Maths Anxiety?

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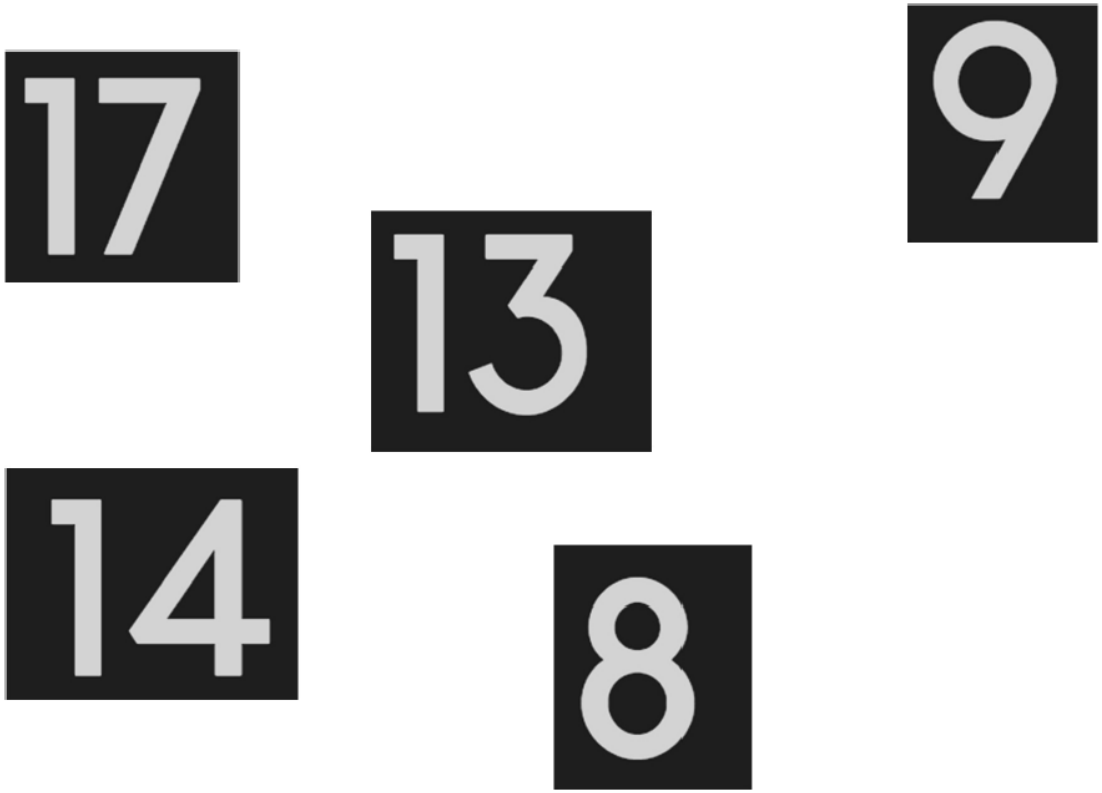


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As adults we can control our emotions much better than children can...

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Auditory Processing

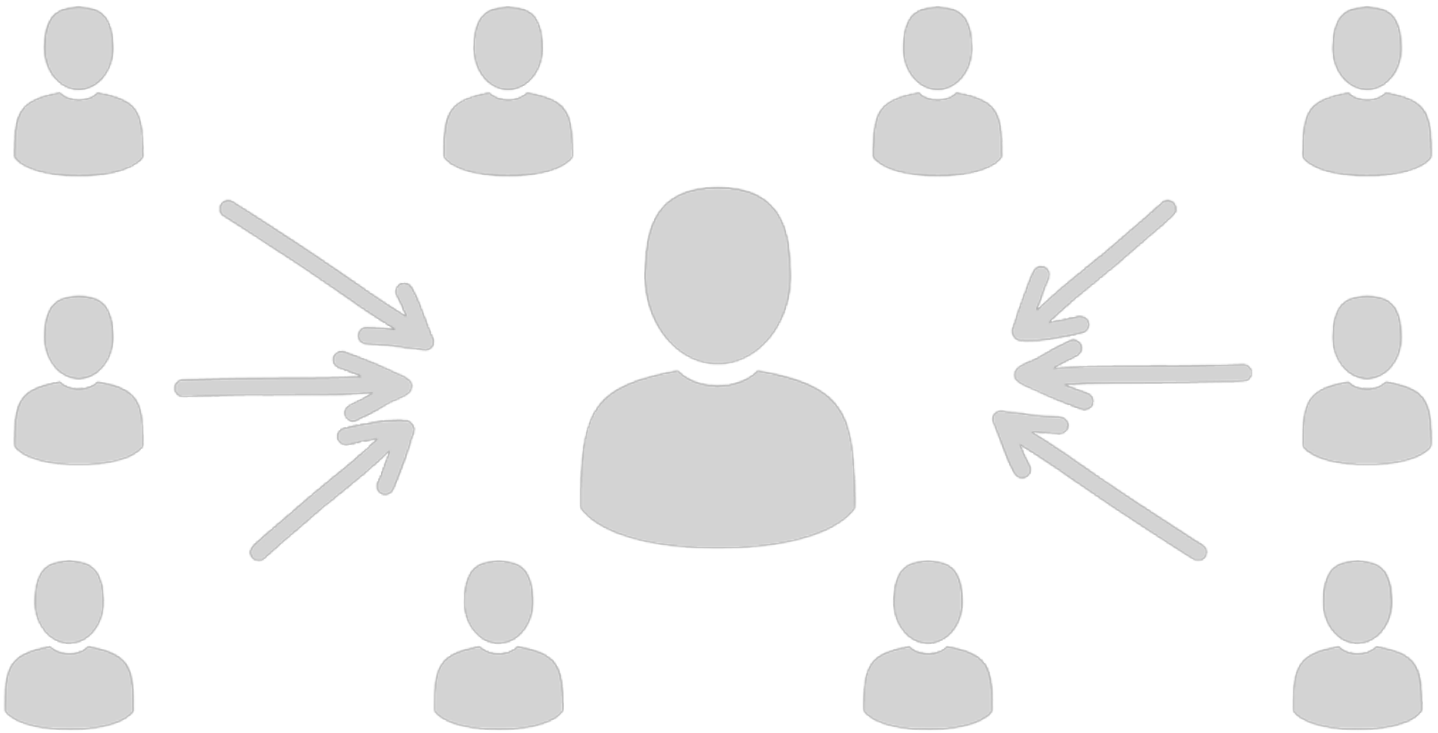


The numbers on screen as well as hearing them
Shorter task



Conflicting sensory overload
Longer task

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Given the wrong circumstances it is possible to trigger a Maths Anxiety response in anybody

- whatever their academic ability
- however they have previously felt about Maths

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